

Enneagram Personality Type Indicator

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Directions: Select the one or two types that most resemble you:

Don't over think this; go with your hunches; have fun with it!

Personality Type ONE

**Wants to be right and good*

***Basic fear of being bad, defective, or wrong*

I am conscientious, idealistic and have high internal standards for correctness. I expect myself to live up to these standards. I can easily see what is wrong with things as they are and how they can be improved. It is hard for me to ignore or accept things that are not done the right way and I may be perceived as overly critical or demanding perfection. If I am responsible for something, you can be sure that I will do it right. When others act irresponsibly or unfairly I have feelings of resentment although I usually try not to show it to them openly. For me, work comes before pleasure, and I suppress my desires as necessary to get the work done.

Strengths:

principled wise discerning truth teller reasonable principled teacher
 idealistic orderly hard working fair capable/active

Can Be:

self righteous perfectionistic/picky judgmental critical emotionally controlled
 rigid resentful impatient angry over-worked dissatisfied with reality

Personality Type TWO

**Wants to be loved and appreciated*

***Basic fear of being unwanted, unappreciated, or unworthy of being loved*

I am sincere, warm hearted and very sensitive to other people's feelings. I can see what they need even when I don't know them. It's easy for me to give of myself. I sometimes wish I were better at saying no because I put more energy into caring for others than into taking care of myself. I am people oriented, friendly, generous and self-sacrificing. It hurts my feelings if people think I'm trying to manipulate or control them when all I'm trying to do is understand and help them. I like to be seen as a good person, but when I'm not taken into account or appreciated I can become very emotional or even demanding. Good relationships mean a great deal to me and I am willing to work hard to make them happen.

Strengths:

giving/generous loving empathetic competent caring/concerned about others
 warm/responsive thoughtful forgiving encouraging can see good in others
 energetic /friendly

Can be:

seductive manipulative emotionally histrionic flatterer need to be needed
 double messages martyr for others feel indispensable prideful
 unwilling to meet own needs advice giving

Personality Type Three

*Wants to be accepted and affirmed by others for what they do

**Basic fear of being without value apart from achievements

Being the best at what I do is a strong motivator for me. I have received much recognition for my accomplishments. I am adaptable, self-assured, ambitious and charming. I get a lot done and identify strongly with what I do. I often do several things at once because I always have more to do than will fit into the time available. I set aside feelings and self reflection in order to get things done. I do tasks quickly and like to feel and appear "on top" of any situation. I like to compete and am also a good team player.

Strengths:

___ self assured ___ outstanding paragon ___ successful/high self esteem ___ competent/creative ___ busy/ambitious ___ leader/personable/likeable ___ organized ___ efficient/best they can be ___ optimistic ___ entertaining/motivational ___ enthusiastic/animated

Can Be:

___ performance oriented ___ competitive ___ status seeker ___ social climbers ___ careerist ___ needs to be winner ___ image conscious ___ self protective ___ lose touch with feelings ___ problems with authenticity ___ narcissistic

Personality Type Four

**Wants to be unique and find out who they are*

*** Basic fear of not having personal significance or meaningful identity*

I am a sensitive person with intense feelings. I sometimes feel misunderstood and lonely because I feel different from others. I am intuitive, self aware, sensitive and gentle. I sometimes am moody and my behavior can appear like a drama to others. I have been criticized for being overly sensitive and over-amplifying my feelings. I long for deep emotional connections and deeply felt experience of relationships. I have a tendency to want what I can't have and to disdain what I do have. I have experienced melancholy and I sometimes wonder why other people seem to have happier lives and better relationships than I do. I have a refined sense of aesthetics and I experience a rich world of emotions and meanings.

Strengths:

___ original ___ independent ___ profoundly creative/artistic ___ insightful/emotionally sensitive ___ inspired ___ self aware ___ intuitive ___ self revealing individual ___ imaginative ___ dramatic/sensual ___ creates beauty

Can be:

___ self absorbed ___ moody ___ envious ___ superior acting ___ demanding ___ inhibited ___ melancholy dreamer ___ living in fantasy world ___ effete ___ precious

Personality Type Five

* Wants to have knowledge and something to contribute

**Basic fear of being ignorant, useless, or incapable

I am a perceptive, quiet, insightful, curious, analytical person who needs more time alone than most people do. I usually prefer to observe what is going on than to be involved in the middle of it. I don't like people to place too many demands on me or to expect me to know and report what I am feeling. I am able to get in touch with my feelings better when alone than with others. I often enjoy experiences I have had more when re-living them than when actually going through them. I am almost never bored when alone because I have an active mental life. I am independent, innovative and inventive. It is important to me to protect my time and energy, live a simple uncomplicated life and be as self sufficient as possible.

Strengths:

___ visionary/independent ___ observer/intellectual ___ perceptive/kind ___ knowledgeable expert
___ analytic specialist ___ profound insight ___ open minded ___ gathers resources
___ can see whole picture ___ discovers new ways of doing things ___ insightful/mentally alert ___
curious/ innovative ___ able to concentrate and master interests

Can be:

___ detached/distant ___ preoccupied ___ impractical ___ provocative ___ reserved ___ cynical ___
detached from feelings in present ___ paranoid ___ high strung ___ eccentric ___ cerebral

Personality Type Six

*Wants to have security by belonging

**Basic fear of being cut off from others, victimized, or unsupported

I have a vivid imagination especially when it comes to what might be threatening to safety and security. I can usually spot what could be dangerous or harmful and may experience as much fear as if it were really happening. I am loyal, committed, reliable, trustworthy and likable. I either always avoid danger or always challenge it head on. My imagination also leads to my ingenuity and a good sense of humor. I would like for life to be more certain but in general I seem to doubt the people and things around me. Some people may consider me very astute because I can usually see the shortcomings in the view someone is putting forth. I tend to be suspicious of authority and am not particularly comfortable being seen as the authority. Because I can see what is wrong with the generally held view of things, I tend to identify with underdog causes.

Strengths:

___ loyal ___ engaging ___ committed/responsible ___ good team player ___ obedient/honest
___ co-operative ___ good friend/hospitable ___ community oriented ___ appealing ___ loveable/
affectionate ___ family/friend oriented ___ hard working ___ questioning

Can be:

___ cautions ___ dutiful ___ indecisive ___ nervous ___ fearful ___ skittish
___ trouble with authority ___ evasive ___ sarcastic ___ take "tough" stance ___ untrusting
___ project fears on others

Personality Type Seven

*Wants to be happy and to keep options open

**Fear of being deprived, in pain, or bored

I am an optimistic, enthusiastic, spontaneous person who enjoys thinking of new and interesting things to do. My mind is very active and moves quickly between different ideas. I tend to be playful, high spirited and have a lot of energy to devote to things that interest me. I have a harder time sticking to repetitive and unrewarding tasks. I like to be in on the beginning of a project when there are many fascinating options to consider. If something gets me down I prefer to shift my attention to more pleasant ideas. I believe people are entitled to an enjoyable life.

Strengths:

___ optimistic ___ happy/enthusiastic ___ mentally active ___ good planner ___ analytical ___ love of family and friends ___ stimulating ___ charming ___ eternally youthful ___ playful/cheerful ___ spontaneous ___ vivacious ___ accomplished achievers ___ gratitude for simple pleasures

Can Be:

___ excessive/manic ___ hyperactive ___ unable to say no to themselves ___ uninhibited ___ wise cracking ___ performing ___ fearful of being bored ___ perpetual motion ___ superficial ___ conspicuous consumption ___ self centered ___ insensitive

Personality Type Eight

*Wants to be self-reliant and in control

**Fear of being controlled by others or violated by others

I approach issues that matter to me in an all or nothing way. I place a lot of value in being strong, honest and dependable. What you see is what you get. I don't trust others until they have proven themselves to be reliable. I can tell when someone is manipulative or devious and I like people to be direct with me. I have a hard time tolerating weakness in people. I prefer to be my own boss and have a hard time following orders, especially if I disagree with the person in authority. I stick up for friends and relatives as their protector. When I am angry, I find it difficult not to show my feelings. If you have been in a battle with me, you will know it.

Strengths:

___ self confident ___ decisive/direct ___ constructive leader ___ enterprising ___ courageous ___ waiting to do what it takes to achieve vision ___ ambitious ___ wants to have lasting influence ___ stand up for what they want and need ___ "can do" attitude ___ action oriented ___ champion for people ___ carries others with their strength ___ hard working/risk-taker ___ hidden tenderness

Can Be:

___ dominating ___ combative ___ power broker ___ confrontational ___ wheeler-dealer ___ boastful ___ not see others as equal ___ will not back down ___ controlling ___ test of will

Personality Type Nine

*Wants to maintain peace of mind

**Fear of being overcome by chaos, conflict, or demands

I seem to be able to see all points of view pretty easily. I may appear indecisive at times because I can see advantages and disadvantages on all sides. I am good at helping people resolve their differences. This same ability can sometimes make me more aware of other people's positions, agendas and personal priorities than of my own. I am easy going, accommodating, trusting and stable. I tend to be good natured, optimistic, straight forward and supportive, but can also be willing to go along with others to keep the peace. I have a hard time knowing what is really important for me. It is not unusual for me to become distracted and get off task. When this happens, my attention is drawn to trivial, unimportant facts. I like life to be comfortable, harmonious and accepting.

Strengths:

peaceful/peacemaker reassuring receptive/calm supportive accommodating
 content aligned with nature un-self-conscious/unpretentious
 accepting/able to give unconditional love serene trusting of self and others
 childlike good natured harmonizes groups

Can Be:

complacent neglectful merges/lives through others passive not in touch with anger
 unreflective inattentive procrastinates "sweep problems under rug"
 tune out reality "peace at any price"

NOTE: A special thanks to Anne Mureé for her generosity in allowing me to use and adapt her Typing Inventory. You can find more about Anne at her website:

<http://www.annemuree.com>