



### **Distanced, But Never Alone**

A labyrinth is a path that is walked or traced during meditation. The image above is a finger labyrinth in the style of the labyrinth in the Chartres Cathedral in France. Approximately 2 million pilgrims visit Chartres Cathedral every year, not counting the countless people who walk replicas around the world. As you trace the path, with your cursor, finger, pen, or eyes, we invite you to reflect on the many people who are sharing in your journey. The wonderful paradox of walking a labyrinth is that it is at once deeply personal and profoundly communal. As we engage in social distancing practices in the days ahead, may we carry that awareness with us, that while we may be spending more time alone, we are also deeply connected in our experiences and in watching out for each other's well-being.