

***Transforming Soul and Society***  
**YEAR ONE, 2017-18, Overview of Themes/Readings**

**Themes:**

**Session One—September 8,9,10, 2017**

*Emerging Stories: Our Personal Stories, Origin Stories and the Universe Story*

**Session Two—October 7, 2017**

*Presence: Vulnerability and Authenticity*

**Session Three—November 3,4,5, 2017**

*Awakening Consciousness: All is Sacred*

**Session Four—December 2, 2017**

*Spiritual Guidance: Deep Listening and Questioning*

**Session Five--January 5,6,7, 2018**

*Mindful Living: Loving Self and Others*

**Session Six—February 3, 2018**

*Living with Challenges: Letting Go Into Wholeness*

**Session Seven—March 2,3,4, 2018**

*Sacred Calling: My Gift to the World*

**Session Eight—April 7, 2018**

*Power and Boundaries: Roles and Responsibilities*

**Session Nine—May 4,5,6, 2018**

*Building Authentic Communities: Transforming Society*

**Books for Reflection**

- Michael Dowd, *Thank God for Evolution*
- Judy Cannato, *Field of Compassion: How the New Cosmology is Transforming Spiritual Life*
- Mark Nepo, *Seven Thousand Ways to Listen: Staying Close to What is Sacred*
- Joanna Macy, *Active Hope: How to Face the Mess We're In without Going Crazy*
- Tara Brach, *True Refuge: Finding Peace and Freedom in Your Own Awakened Heart*