

***Transforming Soul and Society***  
**YEAR ONE, 2017-18, Overview of Themes/Readings**  
**Participant's Guide**

**Session One—September 8,9,10**

***Emerging Stories: Our Personal Stories, Origin Stories and the Universe Story***

**Session Two—October 7**

***Presence: Vulnerability and Authenticity***

**Session Three—November 3,4,5**

***Awakening Consciousness: All is Sacred***

**Session Four—December 2**

***Spiritual Guidance: Deep Listening and Questioning***

**Session Five--January 5,6,7**

***Mindful Living: Loving Self and Others***

**Session Six—February 3**

***Living with Challenges: Letting Go Into Wholeness***

**Session Seven—March 2,3,4**

***Sacred Calling: My Gift to the World***

**Session Eight—April 7**

***Power and Boundaries: Roles and Responsibilities***

**Session Nine—May 2,3,4**

***Building Authentic Communities: Transforming Society***

**Books for Reflection**

- Michael Dowd, *Thank God for Evolution*
- Judy Cannato, *Field of Compassion: How the New Cosmology is Transforming Spiritual Life*
- Mark Nepo, *Seven Thousand Ways to Listen: Staying Close to What is Sacred*
- Joanna Macy, *Active Hope: How to Face the Mess We're In without Going Crazy*
- Tara Brach, *True Refuge: Finding Peace and Freedom in Your Own Awakened Heart*